

METRO EXPRESS

THE OFFICIAL NEWSLETTER OF THE

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Meeting Notices

Board Meeting to be held on Tuesday, 4/12/05 at the Caruso's home at 6:30 pm. Please contact Cathy if you need directions peachmor@earthlink.net We are planning on finalizing and voting on the following: Constitution, By-Laws, Code of Ethics, Membership Application and to plan the July 24th Herding Clinic.

General Meeting to be held on Tuesday 4/26/05, following the Agility Trial Volunteer Seminar (6:30 pm) and run thrus (7:30 pm) at the SICDTC Training Field. No charge for Seminar/run thrus. We anticipate meeting starting 8:30/9:00 pm). Come out and learn how you can help at trials and run your dog too! Guests are welcome to attend the General Meeting.

Directions to the agility field can be found here:
<http://www.sicdtc.net/FieldDirections.html>

New Memberships/Dues

We are planning to approve our Membership Application and Dues at the 4/12/05 Board Meeting. Applications for Membership should be available mid-late April. Please contact Karen if you'd like a Membership Application at klvogt@warwick.net If you've already requested an application, I will automatically send it to you. Thanks for your patience.

Braggs

From Joanne Stock –

Jagger was no longer just a bridesmaid in breed, thanks to his lovely and fashionably attired handler, Cathy. From the moment the judge approached Jagger on the table, she just started smiling, and saying to Cathy, "Very nice!!!!". He won the AOAC class, beating the dog that kicked his butt last week. For Winners Dog, Jagger looked to me like he was showing as best as he could for Cathy, staring right at her, stacked beautifully, ears up. As the judge approached for her final look, Jagger took a small step towards her, put his ears up even higher, looked the judge right in the eyes, and said, "C'mon....Pick Me!!!!!!!" And she did!!!



Jagger

So, Jagger now has his very first AKC point. He then went on to get Best of Winners.

Special thanks to **Cathy** for showing Jagger so beautifully!!!

From Karen Vogt – We started out the spring agility season on a great note at the HVGRC AKC trial on 3/17/05:

Pierce completed his NAP & NJP titles, placing first in both classes! This is very special to me because last summer Pierce was so sick with liver & IBD problems that I wasn't sure he'd ever be able to compete again.



Pierce



Cinder

Cinder earned her first Double Q in Excellent B (including her 2nd MX leg (3rd place) with 11 MACH points and her 1st MXJ leg (4th place)! This is very exciting because we've been working hard on building Cinder's confidence. After over a year of NQ's maybe, just maybe....

From Cathy & John Caruso

– At the CNJHA AKC trial, **Cartman** ran for the 1st time in Open JWW and Q'd with a score of 100 - 1st place!



Cartman

- Cartman would like to congratulate his sister, **Jazmine**, owned by Bob & Jackie Norman. She earned her CD with a tailwaggin' performance at the New Brunswick KC show on March 26th!



Jazmine



Ross

- Also, Cartman's son **Ross**, owned by Janet Rose, earned his second AKC CD leg. Ross has his AKC - Novice agility standard title, His Novice Jumpers with weaves title, His AKC HT, UKC- CD, and a leg on his UKC-CDX. Ross finished his CD at Sand and Sea on Sunday. Now it's on to Open at Lower Bucks trial! We are so proud of both of these dogs!

Brags Continued

From Alida Meakin – Jubilee finished her Ch! I hope to have details and photo for you next month.

From Scott Stock - "The Weather Witch" (aka Storm) thundered through this weekend's stormy AKC Agility Trials in Freehold with style - going 3 for 4 - and taking First Place all 3 runs! Storm and Scott's fabulous weekend included a *blazing* jumpers run breaking the sound barrier at over 5.6 yards per second!!!



Storm

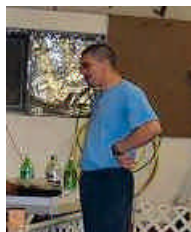


Jagger

From Joanne Stock – Joanne and Jagger had a very successful weekend in Freehold as well, placing First in EXC B Std on Saturday and Third in EXC B JWW on Sunday!

Scott Passes His AKC Agility Judges Test!

We extend HUGE CONGRATULATIONS to **Scott Stock** on passing the AKC Agility Judges Test and wish him all the best as he starts his judging career! **We're so proud of you, Scott!**



Get Well Wishes & Good Thoughts Please!



Prayers for Rudolph
from Cathy Caruso -

I hope I'm not being too forward - I'd like to ask some prayers for Rudolph, a puppy I bred born seven years ago on Christmas Day. Rudy was a pretty tri male puppy with a great sense of humor, always with a smile. I kept his brothers, Cartman and Quinn, and was lucky enough to find Rudy a loving home with Joan Brendel. Rudy is pictured in one of Joan's favorite pictures, sleeping on the couch.

Unfortunately, he was just diagnosed with a rare, slow growing lymphoma. After a lot of thought, Joan decided to try chemo in the hopes of putting the cancer in remission. The oncologist said chances were good he would go into remission for at least two years.

If you have a moment, perhaps if we all send our wishes and thoughts his way we can keep this little guy safe for some time. I can't believe it has been seven years since that very special litter was born, and have to believe a puppy named RUDOLPH, born on Christmas morning, can be helped with the power of prayer.

If any of you would like to send a note to Joan, or have suggestions on homeopathic or holistic treatments for cancer, please send them to me at peachmor@earthlink.net and I will forward them.

Thank you.

Herding News

We are thrilled to announce that Cathy and Karen have arranged for **Linda Rorem** to come and give a Herding Clinic (rather than just private lessons) at Gene Sheninger's Wayside Farm in Hibernia, NJ on **Sunday, July 24, 2005**. Please be sure to save the date. Details to follow. FMI about Linda, please visit her web site: <http://www.herdingontheweb.com/index.html>



May Day Herding

May Day began as a Spring festival long ago. People gathered together on the first day of May to celebrate the coming of Summer.

There are a lot of different customs that have been a part of May Day festivities. Some people would gather flowers and put them by their doors and windows to keep out troublesome fairies. Some people would put out their old hearth fires and gather with the people in their village to start a new fire to take home. Cutting down a tree and putting up a Maypole in the middle of a village is another popular custom. Ribbons are attached to the tree and are woven together by dancers. One more popular custom is filling May Baskets with flowers and other goodies to give to friends and loved ones. Some people still celebrate the pagan festival of Beltaine on the first of May. Many of the old customs are part of this celebration.

So – how does Metro celebrate???????
Herding in the spring mud – of course!!!



Come join us for a group lesson!!!! Just in time to practice for the upcoming trial season.

Looking to try herding for the very first time? It's a great opportunity to watch other shelties at every experience level.

Limited working slots, schedule will be sent out a few days before the lesson.

When: May 1st – 12:00pm -4:00 pm

Where: Gene Sheninger's Wayside Farm Training Field, Boonton, New Jersey

FMI Contact: Cathy Caruso - peachmor@earthlink.net or (732) 356-1219

Cost: One twenty minute, or two 10-minute sessions, \$20.00 per dog. Experienced dogs may have additional practice time on sheep or ducks.

Photos from our March Agility Get Together

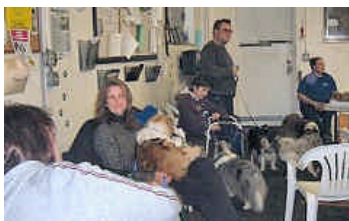
Thanks to Joanne & Scott Stock for organizing a great agility practice session & pizza party at the Staten Island Companion Dog Training Club in Staten Island, NY



We'll get John in the ring yet!



Jagger rests after a long day in the breed ring



Dinner Time!



Abbey & Rip



Jagger gets a second wind

Agility Travel Emergency Network

I read about this in Dog & Handler magazine and think it's a great idea. In December, I had an accident on the way to the NSDC trial and don't know what I would have done if Jean Owen hadn't stopped to help me out. Just getting a hug from a friendly face and a warm car to sit in while waiting for tow truck was such a comfort.

Ann Marie Hill is developing a list of people willing to offer help to fellow agility travelers in case of emergencies.

If you'd be interested in helping out, please send the following information to Ann Marie at Mstgsalie@aol.com

Name

E-mail

Address (City/State)

Phone (please specify how best to reach you - cell phone, home, etc)

1. What type of assistance are you willing to offer?

2. What time of day or night are you available to be contacted?

3. How far are you willing to travel to help?

4. Do you have any special skills that you could offer someone in need?

Therapy Dog News

Hi Everyone! It me, Cinder. Some of you knows I'm a therapy dog. I likes to do lots of things like agility and herding, but therapy is my FAVORITE. I love to makes people feel better (I gets to feels good too – I get lots of pets and belly rubs).

I've been a busy girl lately. Let me tells you what I been up to. A couple of weeks ago Mom taked me to first grade school. We go with some of my therapy dog buddies to library class for READ to a DOG program. These programs help kids gain confidence reading out loud because us dogs are not judgmental like kids can be. They also can relax by petting us while they read. I loves this kind of program. Each of us dogs gets a group of kids (maybe 5 or 6) and they sits on the floor in a circle. Us dogs get to lie in the middle of the circle.

Each kid reads us a story and pets us. Mom say this a job but I say it a party! After the class me and my buddy Bauer (a Golden) go on the big yellow school bus and visit with the kindergarten kids!



Me at school listening to good story



Me & pal Ryker practice for reading program

My Grandma went in the hospital last week. Mom bringed me to visit. I gets to go on the elevator and everything! I know whats to do when I gets there. Mom put me on the bed and I snuggle with Grandma and make her feels good. When nurses and aides come in the room I really wants to go say hello, but I'm on duty so I just gives them a waggy tail. One of the nurses was putting an IV in Grandma's arm. She VERY nervous that I get mad at her, but I know she trying to helps Grandma. I just lay with my head on Grandma's tummy and watch. When Grandma has her dinner I go in my crate and takes a nap. The nurse thought I went home I was so quiet.



Me sitting with a client on a therapy visit

I also go visit outpatient mental health every Wednesday and adult day care every other Tuesday. Mom tell me next month I'm going to a college! If any of you Shelties would likes to do therapy work (it not work to me, it fun!), have your Mom or Dad contact my Mom (Karen - klvogt@warwick.net).

Cinder

Therapy Dogs



Warm Hearts

MEET OUR SHELTYE

This is a monthly feature in Metro Express. Please send me stories/photos about your Shelties. I will print them monthly as received. This month's Sheltie is Helen Ackley's **Duffy**.



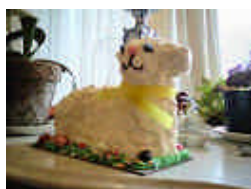
Ackley's Duffy HS, OA, NAJ "Duffy" with Helen

When I was engaged to my husband, 23 years ago, we went to see Mrs. Kenealy in Connecticut, and we got a Ch. Rockwood's Gold Striker son - Duffy II. He was a sable with no blaze and was the family pet. He had a wonderful, peaceful life as the family charmer and he could jump a course of logs in the back yard and he also played family soccer although he made goals for either team. After 18 years he died of kidney failure - he just slipped into a coma quietly in our front yard in the shade of the oak tree in my husband's arms. Well, my husband kept on saying that we needed another Duffy, but we had to wait until he was reincarnated. On and off, I would try to find Mrs. Kenealy's phone number and couldn't find it. I would call Sheltie breeders or rescues and there would be no puppies. This went on for almost two years, then March 2nd, 2000, I called Aneita Frey and although she knew of no puppies she did have Mrs. Kenealy's phone number. I immediately called Mrs. Kenealy and not only did she remember us and our original Duffy, she had puppies that were Gold Striker great great great etc grandchildren born on March 1st. She said there was the runt of the litter that would grow up to look exactly like our Duffy II except that he would have a blaze. The second I told my husband, he said, "This must be Duffy reincarnated". And that is how the Duffy you know came into my life.



Ch. Rockwood's Gold Striker

Duffy & Flirt's Easter Cake



From the Nursery

Here are some recent photos of the Caruso's pups. Photos taken by Helen Ackley.



Dogswalk Against Cancer

Sunday, May 1, 2005 – 2 locations – Riverside Park, NYC or Bear Mountain State Park, NY

Looking for a non-competitive activity for you and your dog?

Here's a way to have a fun day with your dog while helping a great cause. The American Cancer Society's

Dogswalk raises money to help fight human and animal cancers. FMI: <http://www.dogswalk.com>

Pumpkin-Tuna Training Treats Recipe

I've adapted a recipe I received from a friend to meet Pierce's dietary restrictions. Both Cinder and Pierce love it. Great consistency for training treats or stuffing Kong toys with.

- 2 - 6 oz cans tuna (**do not drain**)
- 1 1/2 cup whole wheat flour
- 1 TBSP garlic powder
- 1 TBSP fresh chopped parsley
- 2 eggs - lightly beaten
- 1/2 cup canned pumpkin

Mix all together in blender or food processor, grease a 9x9 pan (use Pam) bake in 350 degree oven for 20 minutes

Texture is sort of fudge/putty like -- will keep in fridge for 3 days - freezes good in bag or Tupperware



Graphics courtesy of



and

